

Harlem/Manhattan

You should bring a photo I.D., proof of address, & shopping bags/cart with you when you go to a food pantry

NY Common Pantry

Hot Meals program:

8 East 109th Street, New York, NY

Monday-Friday at 2:30 pm

All Hot Meals will be take-away

Brown Bag lunches will be given out on Saturday and Sunday at 4PM

Pantry

No on-line ordering.

8 East 109th Street, New York, NY - Wednesday- Saturday, 10AM-2:30PM

1290 Hoe Avenue, Bronx, NY - Thursday and Friday 10AM-2PM

Community League of the Heights

508 W 159 St, New York, NY

212-795-4779

Wednesday & Saturday 9 am – 11am

Must register on Tuesday or Thursday from 3 – 5pm, Bring photo ID & proof of address: utility bill

Upper Manhattan Mental H.C. Inc

1727 Amsterdam Ave btwn W145 & W146th Streets

212-694-9200

Tuesdays: 1:30 – 3:30 PM (elderly persons)

Wednesday & Thursday 1:30 – 3:30 PM (all persons)

Convent Ave. Baptist Church

425 W 144th Street, NY, NY

646-698-5102

Monday & Thursday 9am – 12 PM

Bring ID & Proof of address

St. Charles Borromeo Church

211 W 141st btwn 7 & 8th Avenue, NY, NY

917-664-5079

Saturday 9am – 11am

Bring ID & phone

St. Joseph of the Holy Family

405 W 125th st at Morningside Ave, NY, NY

212-662-9125

Saturday 8am -12pm